

# Ring sizing made easy

## Ways in finding your ring size

- It is always recommended to measure your finger in warm temperature towards the end of your day
- If you happen to have larger knuckle than the base of your finger, it is suggested that you use **Method 2** below, but be sure to measure both the base of your finger and your knuckle and select a size in between the two that fits you best.

## Ways if you're buying the ring as a surprise

- Try to ask the closest person to your partner and see if they know her ring size or see if there is a way they can ask her without her knowing it.
- Without her noticing take one of your partners rings and use **Method 1** below. Be very careful to take a ring that fits the intended finger.

## Other notes

- For bands that are a bit wider than average go up a size from your measurement, this will add more comfort room for you.
- All sizes listed below are Standard American sizes, note: other countries have different sizing systems.
- Statistics show that a women's average ring size is and the average man's ring size is 10.
- A persons ring size is normally half a size larger on the primary hand which is the hand a person writes with his/her stronger hand.

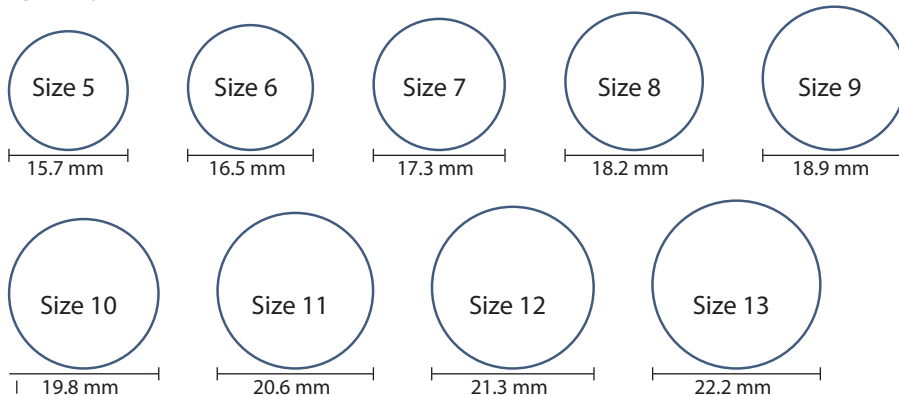
- ▶ **Now, print this page** Please keep in mind: For exact ring-size results, you must make sure that you do not have "Shrink oversized pages to fit paper size" or "Expand small pages to paper size" selected in the Print dialog box.

## Using your printed page, follow Method 1 or Method 2 shown below:

### Method 1

#### Please measure a ring that fits you or your partner:

- Go ahead and place the ring that fits you over the circle, making sure that the inside part of the ring lines up with the outside of the circle.
- Again if you are between sizes and don't know which size to choose, it is recommended to go with the larger size.



### Method 2

#### Please measure your finger and compare to the chart shown below:

- 1 Find a piece of string (make sure that it does not stretch) about 6" long, or a strip of paper about 6" long and 1/4" wide.
- 2 Next, wrap the string or strip of paper tightly around the base of your finger.
- 3 Now, using a pen, go ahead and mark the point on the string or paper where it overlaps, forming a complete circle.
- 4 Last, go ahead and compare the length of the string or paper to the lines on the chart below to figure out your ring size.
- 5 Again if you are between sizes and don't know which size to choose, it is recommended to go with the larger size.

